



DISCOVER THE HEALING POWER OF SOUND THERAPY



why sound therapy?

In our high-stress world, group sound therapy offers a easily accessible and effective means to promote peace of mind, holistic health and renew well-being.





how

Immerse yourself in a living
soundscape of instruments
that resonate deep
vibrations and harmonies
that touch every cell of your
being.

Our sessions help individuals restore balance, access resilience, and restore harmony.

some key benefits

- better sleep, helps relieve stress, pain and anxiety
- quiets the mind, soothes, calms and regulates the nervous system
- aids emotional processing and release
- fosters mindfulness, positive mindset and healthy lifestyle





about us

With over fifteen years of operating experience, we are facilitators, educators and professional musicians providing sound bath experiences.



our services

We creates beautiful spaces
for people to experience the
power of acoustic sound,
vibration and healing music.

Learn More or Partner with us:



EarthHarmonySoundWellness.com

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